

RMMS BREAKFAST Menu

MONDAY

Cereal
Muffin or Bagel
Juice
Milk

TUESDAY

Yogurt or whole wheat cereal bars
Muffin or Bagel
Juice
Milk

WEDNESDAY

Hardboiled Egg
Muffin or Bagel
Juice
Milk

THURSDAY

Cheese Stick
Muffin or Bagel
Juice
Milk

FRIDAY

Cereal
Muffin or Bagel
Juice
Milk



- * Whenever possible, fresh fruit will be substituted for juice
- * Each child must take 3 items to qualify for a school breakfast.
- * Menu subject to change without notice.